



## Evaluation of the Futsal Coaching Program at the Palu City Futsal Association

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### Abstract

The objectives of this study: (1) Evaluating the context of the coaching program, including background, AD/ART, Vision-Mission, and objectives of the coaching program; (2) Evaluating the input of the coaching program, including human resources, facilities, and infrastructure and funding sources, (3) Evaluating the program process, including the Coach Admission System, the Athlete Admission System, the Use of Facilities and Infrastructure, coordination and consumption; (4) Evaluate the product of achievement and welfare coaching programs. This research uses a context, input, process, and product evaluation model to produce comprehensive final futsal coaching program information. The source of this research is the administrators, coaches, and futsal athletes of AFKOT. Data collection techniques with observation, in-depth interviews, documentation, and data triangulation. The data obtained are analyzed qualitatively with the following scarcity: (1) data reduction, (2) data presentation, and (3) conclusion. The results of this study show that; (1) The context of the background futsal coaching program, AD / ART, Vision and Mission, and objectives of the futsal coaching program are good for AFKOT; (2) The input of the AFKOT program has good human resources, the feasibility of facilities and infrastructure is excellent, and the source of funds that still has limitations: (3) The process of implementing the training program is the right of the coach, but there is input from the management because the management is also involved in recruitment. Transportation and coordination have been very well carried out in AFKOT. (4) The product of the futsal coaching program is for futsal achievements in Palu City to be good but to defend the champion, it still needed to be stable in 2019-2022. This study concludes whether the context, input, and process are good. At the same time, in the Palu City futsal product, the achievements have been exemplary. Palu City often participates in Indonesian futsal championships, but defending the champion still needs to be fixed.

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## INTRODUCTION

Sports coaching must be carried out systematically, diligently, and continuously to achieve maximum achievements. Coaching affects the successes achieved by athletes at the regional, national, and international levels. Every sport has a forum for coaching its athletes at national and international levels, but in education, the platform for coaching outstanding athletes is directed at extracurricular activities. The Indonesian Futsal Association (AFI) is the national futsal coaching forum. Futsal is a sport that brings the country of Indonesia to world-level achievements. Futsal is a combination of two words derived from Spain, namely "football and (Zainir T S 2016)(Surya Denhas, 2021)(Wandi et al., 2013) sala". Football means football, and Sala means room. Futsal is believed to be born and famous in a small (Siswanto, 2015)Latin American country in Uruguay.

The development of futsal in Palu City is essentially shown to support national sports development, which leads to the formation and strengthening of the nation's character in order to achieve the nation's existence in the future Sports development is an integral part of the national development process, especially in improving the quality of human resources which leads to: 1) Improving the physical health of the community, 2) The spiritual, mental quality of the community, 3) Formation of national character and personality, 4) Discipline and sportsmanship, and 5) Improvement of achievements that can arouse a

sense of national nationality. National sports must be placed on an equal footing with other fields because sports can increase work productivity, improve community welfare, and raise the nation's dignity.(Muhsin et al, 2021). (Akmal and Hartono 2020)(Hasanah et al, 2021) Sports organizations and education take sports coaching in Indonesia. The two pathways must go hand in hand and a deep range of sporting achievements nationally. (Göral, 2018)

Evaluation is the determination of the value of a person included in assessing a specific product, procedure, or means. Evaluation is collecting and presenting information about the object of evaluation and assessing it with evaluation standards. The results are used to make decisions about the object of evaluation. The purpose of holding a program evaluation is to determine the implementation of program activities. The general objective is directed to the program as a whole, with the specific objective of wanting to know how high the performance of each component is as an important factor that supports the smooth process and achievement of objectives. (Fitria Silvi, 2020)(Dewi & Vanagosi, 2019)(Daneshjoo et al., 2021)

The CIPP model is also a model that does not overemphasize the objectives of a program. The CIPP model is, in principle, consistent with the proposed definition of educational program evaluation of "levels to describe achievement and provide information for the return of alternative decisions."(Sustiyo Wandu & Tri Nurharsono, 2013)(Hasanudin et al., 2021)

The CIPP model is used because it generates information that has been prioritized, provides information about selected inputs, provides information for evaluators to perform procedures, and aims to provide a very detailed and broad picture of a project from context, inputs, programs, and program implementation processes to program outcomes. CIPP has the potential to move in formative and summative evaluation. So it is equally good to form and make improvements during the program, as well as provide final information to accommodate information to ensure that under any conditions, the objectives can be achieved and aspects of a more thorough evaluation of the futsal coaching program.(Albertus et al., 2017)(Travassos et al., 2018)(Khasawneh, 2015)

Sports coaching is carried out to develop athletes in a planned, stratified and sustainable manner to achieve maximum achievement. Sports coaching can be carried out properly with a planned and integrated sports processing system.(Griffo et al., 2019) Evaluation of *input* is critical in the process of coaching athletes. Excellent output will be produced if all inputs are of good quality. The implementation of the evaluation selects and creates programs that can bring about the necessary changes based on the resources owned. (Subekti, 2014)(Wimala et al., 2019)

Process evaluation according to the process evaluation is directed at how far the activities carried out in the program have been carried out according to plan. Too concerned with how the process should be rather than the reality on the ground. Impressed too (Ade

Syahputra et al., 2021)(Gumantan & Fahrizqi, 2020)*top down* with the managerial nature in approaching. Tend to focus on rational management rather than acknowledging the complexity of empirical reality.(Travassos et al., 2018)

Product evaluation is a collection of descriptions and "*judgment outcomes*" about context, inputs, and processes, then interpreting prices and services provided. Product evaluation measures the success of achieving results and decisions for improvement and actuality. In targeted performance improvement efforts, efforts are needed to realize the plan with a correct and appropriate athlete coaching program. Through applicable guidelines, what has been programmed will be able to succeed according to goals and achieve national sports achievements.(Safiuddin et al., 2017)(Stufflebeam, 2003)(Santos et al., 2017)(Aguss & Yuliandra, 2020)

(Nindow, 2022) Mention that product evaluation or results are directed at things that show changes that occur in raw inputs; Product evaluation is the final stage of a series of program evaluations.(Aguss & Yuliandra, 2020) The development of futsal sports in the Palu City Futsal Association (AFKOT) currently needs more coaching; achievements are aimed at the existence of eight clubs active in Palu City, which hinders futsal coaching in Palu City. As an effort to foster prestige, the Palu City Government is needed for regeneration in the development and development of futsal sports in Palu City. Seeing that the facilities and infrastructure in Palu City are pretty complete and fulfilled to

support the process of running coaching and development of futsal sports in Palu City, when the competition is held, it will have a positive impact on supporting futsal achievements in Palu City because of the running of competition and coaching as a forum for regeneration in developing interests and abilities in sports achievements.

Seeing the problems that are owned as described above, the researcher wants to research the Futsal Association in Palu City. To find out how managers and coaches apply the coaching system to coach athletes. By looking at *the context, input, process, and product* factors in 2022-2023. The evaluation carried out by researchers is expected to be helpful for the development of the futsal team achievements of the Futsal Association in Palu City.

## METHODS

This study is the CIPP evaluation model. The CIPP model stands for *Context, Input, Process, and Product*. An applied research book explained that CIPP evaluation is a formative evaluation to make decisions and improve a program. This research is a type of evaluation and coaching program of the Palu City Futsal Association as the object of its research. (Mulyatiningsih, 2020)

Qualitative research belongs to the naturalistic school that examines the condition of objects naturally without providing treatment, in contrast to positivistic or quantitative research streams that provide treatment to the object under study. It can be concluded that evaluation

research, especially program evaluation, includes qualitative research. (Sugiyono, 2010)

The focus of this research is on the evaluation of the coaching program of the Palu City Futsal Association (AFKOT), which includes the following stages: 1) Context: Background, program objectives, AD / ART and Vision-mission, 2) Input: Coaches, infrastructure, human resources, 3) Process: Coach acceptance system, implementation of training programs, athlete acceptance system, use of facilities and infrastructure, coordination, and consumption, and 4) Product: Achievement and welfare.

The source of data in this study is the Palu City Futsal Association which was obtained through:

- 1) *Person*: Management, coach, and athlete.
- 2) *Place*: Evaluate the futsal coaching program at (AFKOT)
- 3) *Paper*: Documents about management, coaches, athletes' training programs, and Futsal sports achievements in the Palu City Area, magazines, books, and others.

Research Instruments The data used in this study are:

- 1) Observation
- 2) Interview
- 3) Documentation

Qualitative research data is obtained from various sources using various data collection techniques (triangulation) and

carried out continuously until the data is saturated. Data analysis can be carried out through preparation and interpretation activities to compile conclusions related to phenomena to be interpreted by the scientific setting; then qualitative data analysis must be fulfilled, namely; (Sugiyono, 2010) *naturalistic*, induction, and holistic analysis. *Naturalistic*, namely the analysis of data based on real situations that change scientifically and openly, and there is no variable control engineering, namely with basic induction thinking procedures, revealing detailed data, and details to find categories, dimensions, essential and original relationships, expressed in open questions.

## FINDINGS AND DISCUSSION

### Findings

The research evaluation *context* includes the background and objectives of the futsal coaching program at the Palu City Futsal Association. Based on the results of an interview with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK, Monday, December 19, 2022. "The background and objectives of the work program are derivatives of the Indonesian Futsal Federation (FFI) because, as the parent organization which must be by AD / ART, the City of Palu, since the beginning of its management, precisely 2016, has carried out many work programs in order to support the Indonesian Futsal Federation and support programs from the center. One of them is carrying out the objectives of the coaching program, which currently the Palu City Futsal

Association is running a work program that is carried out 2x a year".

The questions raised by the management, along with the results of an interview conducted by the futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd. Wednesday, October 26, 2022, are as follows: "For the background, of course, we must follow the center, namely the Indonesian Futsal Federation (FFI), because as the parent organization has the objectives of the coaching program which we must support and run well." The questions raised by the management align with the results of an interview conducted by the assistant futsal coach of Palu City. Mr. Bachrul, S.Ikom. Wednesday, October 26, 2022, as follows: "Vision and mission are goals that must be achieved well and maximally, while AD / ART is a foundation that we must follow together to run well and optimally."

Coaches and assistant coaches are essential to the futsal sports coaching program. Coaches and assistant coaches who are of good quality should ideally be selected so that they are expected to advance athletes and achieve the highest possible achievements. The interview results were conducted with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK Monday, December 19, 2022, as follows. "Palu City futsal coaches must have a national certificate, the requirements to become a futsal coach at AFKOT are former futsal players and attend futsal training. For the acceptance of AFKOT futsal coaches, they must have a clear vision-mission and goals in order to achieve maximum achievements".

The first input evaluation is about human resources contained in the futsal management organization of Palu City. The results of the research obtained by researchers based on interviews, observations, and documentation regarding human resources from futsal management, interviews have been conducted with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK, December 19, 2022, as follows: "The availability of human resources in the futsal organization of Palu City is excellent; we have excellent managers, coaches, referees, and athletes. For coaches, we have one coach licensed level 1 national; for referees, we have 55 referees licensed level 2, namely at the provincial level, eight at the national level, and one at the AFC level".

The research results were obtained by researchers based on observations, interviews, and documentation about the facilities and infrastructure of researchers joining the environment, which can be seen from the interviews conducted with the chairman of the Palu City Futsal Association, Mr. Wahyu Anugraha, S.AK. Monday, December 19, 2022, as follows: "The development of futsal athletes in Palu City currently has a training ground that has been marked nationally, and the training equipment is adequate as needed during training, but there are still obstacles with a minimal number of balls, and the goal is still under repair. Maybe in the future, we will add the equipment needed so that futsal foster athletes are more optimal in training".

The statement stated by the management is in line with the results of an interview

conducted with the futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd. Wednesday, October 26, 2022, as follows: "The futsal performance coaching center in Palu City was previously still moving places, the lack of balls and goals that were under repair, but now it has got a training ground with national standard fields, for now, training equipment such as balls, goals, and goals are adequate so that athletes can perform training optimally."

Researchers also received information from Muhamad Sukri Yusuf Iha as well as the captain of the Palu City futsal team, Thursday, October 27, 2022, as follows: "The facilities and infrastructure during the new training ground are excellent, and the field is in accordance with national standards so that we can train optimally, and the training equipment and goal have met the needs when we train."

The results of the interview have been conducted with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK Monday, December 19, 2022, as follows: "From the formation of coaches, assistant coaches, and athletes and during the training until the race, they will get pocket money."

The futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd also clarified the statement. Monday, December 19, 2022, as follows: "Pocket money? As a trainer, I understand the limited funds, so I do not think about it, for the amount given is Rp. 2,900,000 per month".

This statement was also clarified by futsal athletes in Palu City Ardiansah Wednesday, October 26, 2022, as follows: "We were given pocket money, and I feel proud to have been able to make my own money from

this futsal sport for the amount given as much as Rp. 2,000,000 per month. I have been pursuing this futsal sport since junior high school". The results of interviews with some of the sources above show that the funds of coaches, assistant coaches, and athletes are still paid and said to be good, but the constraints are still limited.

The following process evaluation is that the coach acceptance system is sound. From the interviews, the board needed to carry out the selection of trainers. The coach is appointed directly by the board because the current coach is an assistant coach. Before, the board only required the coach who manages the Palu City futsal team to have a coaching license. As revealed by the management, October 25, 2022, as follows: "For now, we require futsal coaches in Palu City to have a coaching license and a physical and spiritual health certificate from a regional doctor. For particular criteria / other requirements, you must make a curriculum vitae and train, attach an ID card, KK as proof of identity, and achieve programs that have been made for the Palu City futsal team.

A statement from the futsal coach of Palu City also reinforced the statement of the management. Tuesday, October 25, 2022, as follows: "In the selection of coaches, it is true that the management directly addressed me because previously I was an assistant coach of Palu City in the previous period, and the management only asked me to complete a biodata and train, a certificate of physical and spiritual health from the region and a family identity card."

The first process evaluation is implementing the futsal training program for Palu City athletes. The results were based on observations, interviews, and documentation during the researcher's joined the Palu City futsal training, in which interviews were conducted with the Palu City futsal coach, Mr. Arie Adhiatma, S.Pd. Wednesday, October 26, 2022, as follows: "Before they became futsal athletes in Palu City, initially, they participated in the selection and were selected based on consistent achievements in recent years. When the selection of futsal players in Palu City is given directions to conduct match training between players according to their respective positions, then they will be given directions for the following selection and determined futsal players in Palu City".

Researchers also obtained information from interviews with Palu City futsal assistant coach Mr. Bachrul, S.Ikom. Wednesday, October 26, 2022, as follows: "The schedule for futsal training in Palu City is set 3 times a week, namely Monday, Wednesday, and Friday from 15.00 to 18.00 Wita, while the event preparation training program is set 5 times a week in the morning and evening, namely Monday, comfort, Wednesday, Friday and Saturday from 08.00 to 10.00 Wita and 15.00 to 17.30 Wita".

The following evaluation process is the athlete admission system. The management selects players who are informed to the manager or coach of the futsal club in Palu City. In addition, several players are directly elected by the futsal management/coach of Palu City. As revealed by the management, Monday,

October 24, 2022, as follows: "We from the management selected futsal players for the Palu City area. We provide information and notification letters to the manager of the futsal club in Palu City. Some players have been monitored by the futsal management/coach of Palu City and immediately follow the selection of players".

The same statement was expressed by Muhamad Sukri Yusuf Iha Wednesday, October 26, 2022, as follows: "My experience used to be that I participated in the selection by the futsal management/coach of Palu City, and there were also some who were immediately called to join." The results of the interview regarding the selection of athletes who strengthen the futsal team of Palu City can be concluded in the acceptance of athletes that a futsal player/athlete in Palu City must go through a selection process carried out by administrators and coaches carried out by the AD / ART of the Palu City Futsal Association (AFKOT) where athletes must have good potential, experience, skills or abilities and be able to work together in a team".

The following process evaluation uses existing facilities and infrastructure in futsal in Palu City. From the results of interviews and researchers' observations, please take advantage of existing facilities and infrastructure and use them well. Facilities and infrastructure that exist and use well. The facilities and infrastructure in question are training fields, hurdles, balls, kun, ladder drills, training hurdle sets, and other supporting tools during training. As revealed by the futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd.

Wednesday, October 26, 2022, as follows: "Of course, in every exercise, we always use and maximize existing facilities and infrastructure." The statement of the futsal athlete of Palu City also reinforced the coach's statement. "We always use existing facilities and infrastructure; if there are shortcomings, we will notify the Assistant Coach or trainer, and after using, we store training equipment back in the storage room."

The following process evaluation is a matter of coordination. Coordination is essential to establish communication with the Palu City Futsal Association (AFKOT). If communication with various parties goes well, it will undoubtedly solve problems in the organization. This is according to the results of an interview conducted with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK, on Monday, October 24, 2022, as follows: "Coordination is going well; we always coordinate with parties related to the Palu City Futsal Association, in this case, lobbying the budget for additional or training needs and coordinating with coaches and assistant coaches."

The futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd, also clarified this statement. Wednesday, October 26, 2022. As follows "For my coordination or assistant coaches with money, managers are often present on the field, and those who are given direction or information that the Palu City Futsal team will need seem to need additional tools for training purposes." From the results of the evaluation of interviews, observations, and coordination regarding coordination aspects, it can be



concluded that coordination with all elements has been carried out well. It was proven that meetings or discussions had been held between management, coaches, and athletes on every occasion to convey that the program would run well and give the freedom to provide suggestions and input as well as the needs for the training of the Palu City futsal team.

Consumption includes needs that must be met because consumption is part of food intake or received by athletes after futsal training. The results of the interview with the futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd., which was held on Wednesday, October 26, 2022, are as follows: "Consumption for athletes is essential because after they exercise, the body will be exhausted, so the athletes return to their previous training given consumption such as fruits, eggs, and tea."

This statement was also clarified by Palu City futsal athlete Moh Arya Apriansyah Pratama on Thursday, October 27, 2022, as follows: "We are always given consumption in the form of fruits, eggs, and tea, which is given after a training session, but when we rest 3-5 minutes, we can only drink water".

The interview results show that the provision of consumption is excellent because consumption is the need of athletes. To find out the results of the achievements made by the Palu City Futsal Association (AFKOT) are well achieved. The results of the interview with the chairman of the Palu City Futsal Association, Mr. Wahyu Nugraha, S.AK, on Monday, December 19, 2022, are as follows: "For the success of futsal achievements, Palu City still has not met the target, such as PORPROV. We

will continue to evaluate and control these less-than-optimal results so that the Palu City futsal team in the future will get maximum and satisfactory achievements."

The futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd, also clarified this statement. Wednesday, October 26, 2022, as follows: "There have not been many achievements achieved by the Palu City Futsal team to the maximum. Because in PORPROV in 2022, the Palu City Futsal team could only win second place because Palu City 2019 won second place. That is our benchmark in the future so that the Palu City futsal team in PORPROV will get maximum achievements".

The futsal coach of Palu City, Mr. Arie Adhiatma, S.Pd, also clarified this statement. Wednesday, October 26, 2022, as follows: "The Palu City futsal team once won an achievement in 2019 of second place in the Provincial Sports Week, but for the national competition, namely the Nusantara League, the futsal achievements of Palu City are unstable because, in the same competition, they also got achievements in the top three in 2022 the Palu City futsal team participated in the National futsal championship.

Based on the evaluation results through interviews and observations regarding the achievements of the futsal team in Palu City, it has achievements and often follows but could be more stable and optimal. At the national level, the futsal team of Palu City could only reach the top three. In recent years, Palu City still needs to achieve maximum achievements in the national futsal event. This can be seen

from his record of achievements. In 2020-2021 there was none due to the covid-19 pandemic.

## CONCLUSION

Based on the discussion of the futsal coaching program in the Palu City area, it can be concluded that:

- 1) *Context* background, AD / ART, Vision-mission, and objectives of the futsal coaching program in Palu City are suitable for developing and providing knowledge to the public about the Palu City Futsal Association.
- 2) *The input* of the futsal coaching program in the Palu City area to the availability of human resources and the feasibility of facilities and infrastructure is good in its implementation so that futsal coaching program activities can be carried out optimally.
- 3) *The process* of the futsal coaching program in the Palu City area towards implementing the training program, transportation is good in its implementation, and coordination between elements related to futsal coaching is carried out optimally based on accurate data and facts in the field.
- 4) *Product* futsal coaching program in the Palu City area towards achievements that are a benchmark for success in coaching, where Palu City futsal has so far had achievements and often participated in competitions but was unstable or less than optimal at the Nusantara League level, the Palu City futsal team was only able to reach the top three and PORPROV 2022 won second place.

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